

Altraplen

COMPACT DAILY

DATASHEET February 2021

Altraplen Compact Daily is a nutritionally complete, high energy, high protein Food for Special Medical Purposes for use under medical supervision.

- ◆ A ready to drink milkshake style oral nutritional supplement containing 600kcal and 24g protein in 250ml.
- ◆ May be used as a sole source of nutrition or used to supplement a patient's dietary intake.
- ◆ Available in 250ml tetra.



Flavours: Available in Vanilla, Strawberry, Hazel Chocolate and Banana flavours.

Allergen information: Contains milk protein and soya. Gluten free.

Indications: For enteral use only. Must be used under medical supervision. May be used for the dietary management of patients with or at risk of developing disease related malnutrition as determined by appropriate nutritional screening.

Contraindications: Not suitable for children under 3 years. Not suitable for patients with Galactosaemia or in patients with cow's milk protein allergy.

Precautions: Not suitable for use in children under 3 years and use of this product in children under 6 years should be closely monitored by a dietitian or physician.

INGREDIENTS:

VANILLA: Water, Glucose syrup, Rapeseed oil, **Milk** protein, Saccharose, **Soy** protein, Thickeners: Sodium carboxymethyl cellulose (E466), Microcrystalline cellulose (E460i), Carrageenan (E407), Emulsifier: Soy lecithin (E322), Mono and diglyceride of fatty acids (E471), Flavour, Colour: Beta-carotene, Potassium phosphate (E340ii), Potassium citrate (E332ii), Sodium citrate (E331iii), Sodium phosphate (E339ii), Potassium chloride (E508), Calcium carbonate (E170), Acidity regulator: Citric acid (E330), Magnesium hydroxide (E528), Potassium hydroxide (E525), Stabiliser: Sodium polyphosphate, Vitamins: (Retinyl acetate, Thiamin mononitrate, Riboflavin, Pyridoxine hydrochloride, Cyanocobalamin, Pteroylmonoglutamic acid, D-biotin, D-pantothenate, calcium, Sodium-L-ascorbate, Cholecalciferol, DL-alpha tocopheryl acetate, Phytomenadione, Nicotinamide) Minerals: Ferrous lactate, Zinc sulphate, Manganese sulphate, Cupric sulphate, Sodium fluoride, Chromium chloride, Sodium molybdate, Sodium selenite, Choline bitartrate, Potassium iodide).

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Directions for use: Ready to drink. Altraplen Compact Daily can be consumed chilled, or at room temperature.

- ◆ Shake well before use.

Storage: Altraplen Compact Daily should be stored in a cool, dry place (below 25°C). Once opened consume within 12 hours or store in a refrigerator and consume within 24 hours. Discard unused contents thereafter.

Shelf life: 12 months from manufacture. See side of tetra and outer packaging for best before date.

Country of origin: Germany.

This product is packaged in a protective atmosphere.

Average content	Units	100ml	250ml tetra
Energy	KJ Kcal	1008 240	2520 600
Fat	g	9.6	24
of which saturates	g	0.58	1.45
of which monounsaturates	g	5.86	14.65
of which polyunsaturates	g	3.17	7.93
Carbohydrate	g	28.8	72
of which sugars	g	11.3	28.3
Fibre	g	0	0
Protein	g	9.6	24
Salt	g	0.25	0.63
VITAMINS			
Vitamin A	µg-RE	240	600
Vitamin D	µg	1.9	4.75
Vitamin E	mg α-TE	4.8	12
Vitamin K	µg	14	35
Vitamin C	mg	43	107.5
Thiamin (B1)	mg	0.36	0.90
Riboflavin (B2)	mg	0.36	0.90
Niacin	mg NE	3.6	9.0
Vitamin B6	mg	0.36	0.90
Folic Acid	µg	77	192.5
Vitamin B12	µg	0.72	1.80
Biotin	µg	9.6	24
Pantothenic Acid	mg	1.2	3
MINERALS			
Sodium	mmol mg	4.3 100	10.8 250
Potassium	mmol mg	6.1 240	15.3 600
Chloride	mmol mg	2.5 89	6.25 222.5
Calcium	mmol mg	4.2 168	10.5 420
Phosphorus	mmol mg	3.2 100	8.0 250
Magnesium	mmol mg	1.3 32	3.3 80
Iron	mg	3.1	7.8
Zinc	mg	3.6	9
Copper	mg	0.33	0.83
Manganese	mg	0.79	1.98
Selenium	µg	17	42.5
Chromium	µg	17	42.5
Molybdenum	µg	19	47.5
Iodine	µg	34	85
Fluoride	mg	0.22	0.55
Choline	mg	60	150
Osmolarity	mOsmol/L	704	704
Lactose	g	0.01	0.025