



Sustainability Policy

February 2026

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Learn why sustainability is important to us and the steps we're taking to support health-care systems, healthcare professionals, and patients in pursuing a greener future.



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Nualtra is on a mission to provide the **highest quality medical nutrition** with the **lowest level of environmental impact.**



Our Vision & Mission

When we consider sustainability, our vision is to provide the highest quality medical nutrition with the lowest level of environmental impact. Our mission is to become a Net Zero business by 2050.

Measuring Our Progress

To do this, we will measure and reduce our carbon footprint year-on-year. This footprint will be measured by Positive Planet.

Net Zero Goals

- ➔ Reduce scope 1 & 2 emissions by 100% by 2030.
- ➔ Reduce scope 3 emissions by 21% by 2030.
- ➔ Reduce our total emissions by ~90% by 2050.



Positive Planet is an external third party and a member of the Carbon Accounting Alliance.

Positive Planet follow GHG Protocol standards as they measure our Scope 1, Scope 2, and Scope 3 carbon emissions.

Why Sustainability Matters to Us

Achieving sustainability is vital for everyone. It is why taking urgent action to combat climate change and its impacts became a United Nations Sustainable Development Goal in 2015. It is why the NHS and HSE are moving towards net zero positions. It is why Nualtra wants to provide the highest quality of medical nutrition with the lowest level of environmental impact.



As a supplier of medical nutrition, Nualtra sits in both the healthcare and global food systems. We have a responsibility to support our healthcare partners in achieving their targets and reducing the health impacts that climate change may cause. As a company that also plays a key role in the food supply chain, we have an additional responsibility to safeguard the planet which provides all our nutrition.



We are proud of delivering 'better value, better lives' to healthcare systems, healthcare professionals, and patients. This has been done through providing cost-effective and great tasting products with strong nutritional profiles to patients. **But we will do more.**

We must continue providing the highest quality of medical nutrition, but we must do so with the lowest level of environmental impact possible.



By doing this, we support our partners, communities, and patients in pursuing a greener future. By achieving a more holistic form of 'better value, better lives', we will play our part in seeking a peaceful and prosperous future for the world.

**BETTER VALUE
BETTER LIVES**

Our Principles

As an organisation, we will follow these four key principles:



01

Potential environmental impact will be central to our decision making. We will make certain to carefully balance the needs of patients, healthcare professionals and the planet we live on.



02

Our Senior Management Team and employees will be expected to ensure that team cultures, decisions, and processes have sustainability at their heart.



03

All employees and our supply chain partners will receive training on sustainability and regular updates from the company on our sustainability initiatives and strategies.



04

We will work with and audit partner organisations to ensure alignment on sustainability.

Our Short-term Focus Areas



Our long-term goal is to become Net Zero by 2050. Our carbon footprint is being measured each year by our partners at Positive Planet and our Net Zero Annual Report can be found on our website's sustainability section. To achieve our goals, our short-term focus areas are:



¹ PET - polyethylene terephthalate. Currently, PET sleeves need to be removed from our plastic bottles to enable recycling. ² PO - polyolefin.

Our Timeline

Past Achievements

To date, the use of Nualtra products has saved **£30+ million** for healthcare economies, supporting ONS usage in becoming more financially sustainable.

Over 110 million servings of oral nutritional supplements have been provided by Nualtra.

Here's how we got to this point...



December 2024

Nualtra's first carbon footprint measurements were completed and finalised.

October 2024

The UK team completed a carbon literacy course, and all attendees are now carbon literate certified.

June 2024

We formed an internal sustainability taskforce to lead our sustainability initiatives.

November 2020

We became the first company in the Republic of Ireland to re-introduce tetra packaging to the adult ONS market.

August 2018

Nualtra became the first ONS company in the UK & Republic of Ireland to remove plastic straws from product packaging.

February 2025

The Irish team completed a carbon literacy course. We also achieved Positive Planet Bronze certification.

November 2024

We started our supply chain engagement strategy. More details can be found in our Net Zero Annual Report.

August 2024

We created our first Nualtra Sustainability Policy.

March 2023

Our sample services started exclusively using recyclable packing materials for patient and HCP deliveries.

February 2020

We became the first company in the UK to re-introduce tetra packaging to the adult ONS market. Our Tetra Pak packaging units contain between 72% and 85.4% plant-based renewable materials.



Our Timeline

Future Plans

Measuring our Progress

- ➔ We will review and revise this policy to make any necessary changes every 6 months.
- ➔ These revisions will include measuring, reporting on, and adding to our goals & focus areas.
- ➔ Our sustainability taskforce will meet every 4 weeks to review progress against our objectives.

**April
2025**



Launched an electric vehicle incentive scheme for UK employees.

Created improved recyclability resources.

**February
2026**

78% of current Nualtra employees have completed carbon literacy training and gained carbon literacy certification. Nualtra became a 'Bronze Carbon Literate Organisation', accredited by The Carbon Literacy Project.



**February
2025**

The Irish team completed Carbon Literacy Training.

Achieved Positive Planet Certified Bronze Award to recognise our ongoing achievements in sustainability.



**October
2025**

Published our first Net Zero Annual Report including our carbon footprint reduction plan and Net Zero Strategy.

Published our online carbon footprint dashboard.

Published a reviewed Nualtra Sustainability Policy.



2026

Further improved our product range's packaging by increasing the percentage of plant-based materials in our tetra cartons, transitioning to polyolefin plastic bottle sleeve labels, and switching to recyclable sachets for our powdered products.

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Sample Service

Nualtra offer a free-of-charge sample service for clinicians to order products delivered either direct to patients or to dietetic departments.

Visit our website:
www.nualtra.com

Learn more about sustainability at Nualtra: nualtra.com/sustainability

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