

Nutricrem

DATASHEET Jan 2021

Nutricrem is a nutritionally complete Food for Special Medical Purposes



- ◆ A ready to eat, semi solid oral nutritional supplement containing 225kcal and 12.5g protein in 125g.
- ◆ May be used as a sole source of nutrition or used to supplement a patient's dietary intake.
- ◆ Available in 4 x 125g packs. Starter pack also available including 4 x 125g pots.

Flavours: Available in Vanilla, Strawberry, Chocolate Orange and Mint Chocolate flavours.

Allergen information: Contains milk protein and soya. Gluten free.

Indications: For enteral use only. Must be used under medical supervision. May be used for the dietary management of patients with or at risk of disease related malnutrition as determined by appropriate nutritional screening.

Contraindications: Not suitable for children under 3 years. Not suitable for patients with Galactosaemia or in patients with cow's milk protein allergy.

Precautions: Not suitable for use in children under 3 years and use of this product in children under 6 years should be closely monitored by a dietician or physician.

Directions for use: Ready to eat. Nutricrem can be consumed frozen, chilled, room temperature or gently heated.

- ◆ Stir well before use.

Storage: Nutricrem should be stored in a cool, dry place (below 25°C). Once opened consume within 4 hours or store in a refrigerator and consume within 24 hours. Discard unused contents thereafter.

Shelf life: 12 months from manufacture. See side of pot and outer packaging for best before date.

Country of origin: France.

This product is packaged in a protective atmosphere.

INGREDIENTS:

VANILLA: Milk protein concentrate, Water, Maltodextrin, Sucrose, Rapeseed oil, Calcium caseinate (**Milk**), Potassium caseinate (**Milk**), Starch (E1442), Emulsifier: Mono and diglycerides of fatty acids (E471), Isolated **soya** protein, Tripotassium citrate (E332), Trisodium citrate, Stabiliser: Carrageenan (E407), Flavouring, Magnesium chloride (E511), Potassium dihydrogen phosphate (E340), Magnesium citrate, Colour: Natural Carotene. Vitamins: (Ascorbic acid, Vitamin A acetate, Nicotinamide, D-biotin, Vitamin D3, Vitamin B12, Pyridoxine HCl, Vitamin K, Thiamine mononitrate, Riboflavin, Vitamin E acetate, Calcium D-pantothenate, Folic acid), Sodium chloride, Potassium chloride, Acidity regulator: Potassium hydroxide (E525), Sodium hydroxide (E524), Ferric pyrophosphate, Zinc sulphate, Copper gluconate, Sodium selenite, Manganese sulphate monohydrate, Sodium fluoride, Chromium chloride, Sodium molybdate, Potassium iodide.

CHOCOLATE ORANGE: Milk protein concentrate, Water, Maltodextrin, Sugar, Rapeseed oil, Calcium caseinate (**Milk**), Potassium caseinate (**Milk**), Starch (E1442), Cocoa, Emulsifier: Mono and diglycerides of fatty acids (E471), Isolated **soya** protein, Orange flavour (natural), Stabiliser: Carrageenan (E407), Trisodium citrate, Magnesium chloride, Chocolate flavour, Tripotassium citrate, Potassium dihydrogen phosphate, Magnesium citrate. Vitamins: (Ascorbic acid, Vitamin A acetate, Nicotinamide, D-biotin, Vitamin D3, Vitamin B12, Pyridoxine HCl, Vitamin K, Thiamine mononitrate, Riboflavin, Vitamin E acetate, Calcium D-pantothenate, Folic acid), Sodium chloride, Potassium Chloride, Acidity Regulator: Potassium hydroxide (E525), Sodium hydroxide (E524), Ferric pyrophosphate, Zinc sulphate, Copper gluconate, Sodium selenite, Manganese sulphate, Sodium fluoride, Chromium chloride, Sodium molybdate, Potassium iodide.

STRAWBERRY: Milk protein concentrate, Water, Maltodextrin, Sucrose, Rapeseed oil, Calcium caseinate (**Milk**), Potassium caseinate (**Milk**), Starch (E1442), Emulsifier: Mono and diglycerides of fatty acids (E471), Isolated **soya** protein, Tripotassium citrate (E332), Trisodium citrate, Stabiliser: Carrageenan (E407), Flavouring, Magnesium chloride (E511), Potassium dihydrogen phosphate (E340), Magnesium citrate, Colour: E120. Vitamins: (Ascorbic acid, Vitamin A acetate, Nicotinamide, D-biotin, Vitamin D3, Vitamin B12, Pyridoxine HCl, Vitamin K, Thiamine mononitrate, Riboflavin, Vitamin E acetate, Calcium D-pantothenate, Folic acid), Sodium chloride, Potassium chloride, Acidity regulator: Potassium hydroxide (E525), Sodium hydroxide (E524), Ferric pyrophosphate, Zinc sulphate, Copper gluconate, Sodium selenite, Manganese sulphate monohydrate, Sodium fluoride, Chromium chloride, Sodium molybdate, Potassium iodide.

MINT CHOCOLATE: Milk protein concentrate, Water, Maltodextrin, Sugar, Rapeseed oil, Calcium caseinate (**Milk**), Potassium caseinate (**Milk**), Modified Starch, Cocoa, Emulsifier: Mono and diglycerides of fatty acids (E471), Isolated **soya** protein (Soya), Trisodium citrate, Stabiliser: Carrageenan (E407), Magnesium chloride (E511), Chocolate flavour, Tripotassium citrate (E332), Magnesium citrate, Natural mint flavour. Vitamins: (Ascorbic acid, Vitamin E, Niacin, Pantothenic acid, Vitamin A, Vitamin D, Biotin, Folic acid anhydrous, Vitamin B1, Vitamin B6, Vitamin B2, Vitamin B12, Vitamin K1) Potassium dihydrogen phosphate (E340), Potassium hydroxide, Sodium chloride, Potassium chloride, Sodium hydroxide (E524), Ferric pyrophosphate, Zinc sulphate, Copper gluconate, Sodium selenite, Manganese sulphate monohydrate, Sodium fluoride, Chromium chloride, Sodium molybdate, Potassium iodide.

Average content	Units	100g	125g pot
Energy	KJ Kcal	756 180	945 225
Fat (36 en%)	g	7.2	9.0
of which saturates	g	1.3	1.6
of which monounsaturates	g	4	5
of which polyunsaturates	g	1.9	2.4
Carbohydrate (41.8 en%)	g	18.8	23.5
of which sugars	g	9.7	12.1
Fibre (0 en%)	g	0	0
Protein (22.2 en%)	g	10	12.5
Salt	g	0.19	0.23
VITAMINS			
Vitamin A	µg-RE	150	188
Vitamin D	µg	2.48	3.1
Vitamin E	mg α-TE	3.2	4
Vitamin K	µg	16	20
Vitamin C	mg	18	22.5
Thiamin (B1)	mg	0.3	0.4
Riboflavin (B2)	mg	0.6	0.75
Niacin	mg NE	3.7	4.6
Vitamin B6	mg	0.4	0.5
Folic Acid	µg	62	77.5
Vitamin B12	µg	0.74	0.9
Biotin	µg	7.2	9
Pantothenic Acid	mg	1.2	1.5
MINERALS			
Sodium	mmol mg	3.2 74	4 92.5
Potassium	mmol mg	4.6-5.4 180-210*	5.75-7.18 225-262*
Chloride	mmol mg	2.5 88	3.1 110
Calcium	mmol mg	4 160	5 200
Phosphorus	mmol mg	4.4 135	5.5 168.8
Magnesium	mmol mg	1.1 26	1.4 32.5
Iron	mg	2.5	3.1
Zinc	mg	2	2.5
Copper	mg	0.36	0.45
Manganese	mg	0.5	0.6
Selenium	µg	12	15
Chromium	µg	10.4	13.0
Molybdenum	µg	16	20
Iodine	µg	24	30
Fluoride	mg	0.2	0.25
Lactose content	g	<0.5	<0.5

* Vanilla and Strawberry = 4.6mmol/180mg per 100g | 5.75mmol/225mg per 125g pot
Chocolate Orange and Mint Chocolate = 5.4mmol/210mg per 100g | 7.18mmol/262mg per 125g pot