

# Allergen & Religious Information



Product	Egg free	Free from fish products	Gluten free	Lactose free*	Milk free	Nut free	Soya free	Wheat free	Suitable for Vegetarians	Suitable for Vegan	Halal Certified	Kosher Certified
Altrajuce	✓	✓	✓	✓	✗	✓	✓	✓	✓ <sup>1</sup>	✗	✗ <sup>2</sup>	✗ <sup>3</sup>
Altraplen Compact/Daily	✓	✓	✓	✓	✗	✓	✗	✓	✓ <sup>1</sup>	✗	✗ <sup>2</sup>	✗ <sup>3</sup>
Altraplen Energy	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗	✗ <sup>3</sup>	✗ <sup>3</sup>
Altraplen Protein	✓	✓	✓	✓	✗	✓	✗	✓	✓ <sup>1</sup>	✗	✗ <sup>2</sup>	✗ <sup>3</sup>
Altrashot	✓	✓	✓	✓	✗	✓	✓	✓	✓ <sup>1</sup>	✗	✗ <sup>2</sup>	✗ <sup>3</sup>
Altrapro	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗	✓	✗ <sup>3</sup>
Altrini Compact Fibre	✓	✓	✓	✗	✗	✓	✗	✓	✓	✗	✓	✗ <sup>3</sup>
Foodlink Complete	✓	✓	✓	✗	✗	✓	✗	✓	✓	✗	✓	✗ <sup>3</sup>
Foodlink Extra	✓	✓	✓	✗	✗	✓	✗	✓	✓	✗	✓	✗ <sup>3</sup>
Foodlink Smoothie	✓	✓	✓	✓	✓ <sup>4</sup>	✓	✗	✓	✓	✓	✓	✗ <sup>3</sup>
Nutricrem Choc Orange/Mint	✓	✓	✓	✓	✗	✓	✗	✓	✓ <sup>1</sup>	✗	✓	✗ <sup>3</sup>
Nutricrem Strawberry/Vanilla	✓	✓	✓	✓	✗	✓	✗	✓	✓ <sup>1</sup>	✗	✗ <sup>2</sup>	✗ <sup>3</sup>
Swalloweze Clear	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

## Notes

- \* Lactose free is defined in our products as containing < 0.5g/100ml or 100g.
- 1. Strawberry and Blackcurrant flavour contains colouring E120, which is also known as cochineal or carmine, and is not suitable for many vegetarians.
- 2. Strawberry and Blackcurrant flavours are not suitable for Halal. All other flavours do not contain any ingredients that are forbidden; however, the manufacturing process is not observed by the relevant religious body.
- 3. Does not contain any ingredients that are forbidden, however, the manufacturing process is not observed by the relevant religious body.
- 4. The product does not contain milk, however it is manufactured where milk products are also made.