

Product	Egg free	Free from fish products	Gluten free	Lactose free*	Milk free	Nut free	Soya free	Wheat free	Suitable for Vegetarians	Suitable for Vegan	Halal Certified	Kosher Certified
Altrajuce	✓	✓	✓	✓	✗	✓	✓	✓	✓ ¹	✗	✗ ²	✗ ³
Altraplen Compact/Daily	✓	✓	✓	✓	✗	✓	✗	✓	✓ ¹	✗	✗ ²	✗ ³
Altraplen Energy	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗	✗ ³	✗ ³
Altraplen Protein	✓	✓	✓	✓	✗	✓	✗	✓	✓ ¹	✗	✗ ²	✗ ³
Altrashot	✓	✓	✓	✓	✗	✓	✓	✓	✓ ¹	✗	✗ ²	✗ ³
Altrapro	✓	✓	✓	✓	✗	✓	✓	✓	✓	✗	✓	✗ ³
Altrini Compact Fibre	✓	✓	✓	✗	✗	✓	✗	✓	✓	✗	✓	✗ ³
Foodlink Complete	✓	✓	✓	✗	✗	✓	✗	✓	✓	✗	✓	✗ ³
Foodlink Extra	✓	✓	✓	✗	✗	✓	✗	✓	✓	✗	✓	✗ ³
Foodlink Smoothie	✓	✓	✓	✓	✓ ⁴	✓	✗	✓	✓	✓	✓	✗ ³
Nutricrem Choc Orange/Mint	✓	✓	✓	✓	✗	✓	✗	✓	✓ ¹	✗	✓	✗ ³
Nutricrem Strawberry/Vanilla	✓	✓	✓	✓	✗	✓	✗	✓	✓ ¹	✗	✗ ²	✗ ³
Swalloweze Clear	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Notes

* Lactose free is defined in our products as containing < 0.5g/100ml or 100g.

1. Strawberry and Blackcurrant flavour contains colouring E120, which is also known as cochineal or carmine, and is not suitable for many vegetarians.

2. Strawberry and Blackcurrant flavours are not suitable for Halal. All other flavours do not contain any ingredients that are forbidden; however, the manufacturing process is not observed by the relevant religious body.

3. Does not contain any ingredients that are forbidden, however, the manufacturing process is not observed by the relevant religious body.

4. The product does not contain milk, however it is manufactured where milk products are also made.