



# Sustainability Policy

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August 2024

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Learn why sustainability is important to us and the steps we're taking to support health-care systems, healthcare professionals, and patients in pursuing a greener future.



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Nualtra is on a mission to provide the **highest quality medical nutrition** with the **lowest level of environmental impact.**



## Our Vision

When we consider sustainability, our vision is to provide the highest quality medical nutrition with the lowest level of environmental impact.

## Measuring Our Progress

To do this, we will measure and reduce our carbon footprint year-on-year. This footprint will be measured by Positive Planet.



Positive Planet is an external third party and a member of the Carbon Accounting Alliance.

Positive Planet follow GHG Protocol standards as they measure our Scope 1, Scope 2, and Scope 3 carbon emissions.

# Why Sustainability Matters to Us

Achieving sustainability is vital for everyone. It is why taking urgent action to combat climate change and its impacts became a United Nations Sustainable Development Goal in 2015. It is why the NHS and HSE are moving towards net zero positions. It is why Nualtra wants to provide the highest quality of medical nutrition with the lowest level of environmental impact.



As a supplier of medical nutrition, Nualtra sits in both the healthcare and global food systems. We have a responsibility to support our healthcare partners in achieving their targets and reducing the health impacts that climate change may cause. As a company that also plays a key role in the food supply chain, we have an additional responsibility to safeguard the planet which provides all our nutrition.



We are proud of delivering 'better value, better lives' to healthcare systems, healthcare professionals, and patients. This has been done through providing cost-effective and great tasting products with strong nutritional profiles to patients. **But we will do more.**

We must continue providing the highest quality of medical nutrition, but we must do so with the lowest level of environmental impact possible.



By doing this, we support our partners, communities, and patients in pursuing a greener future. By achieving a more holistic form of 'better value, better lives', we will play our part in seeking a peaceful and prosperous future for the world.

**BETTER VALUE  
BETTER LIVES**

## Our Principles

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As an organisation, we will follow these four key principles:



01

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Potential environmental impact will be central to our decision making. We will make certain to carefully balance the needs of patients, healthcare professionals and the planet we live on.



02

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Our Senior Management Team and employees will be expected to ensure that team cultures, decisions, and processes have sustainability at their heart.



03

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All employees and our supply chain partners will receive training on sustainability and regular updates from the company on our sustainability initiatives and strategies.



04

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We will work with and audit partner organisations to ensure alignment on sustainability.

# Our Short-term Focus Areas



We are in the process of measuring our organisational carbon footprint (Scopes 1, 2, and 3). We will then use the findings to create a more detailed short-term carbon reduction plan and longer-term net-zero strategy. **In the meantime, our short-term focus areas are:**



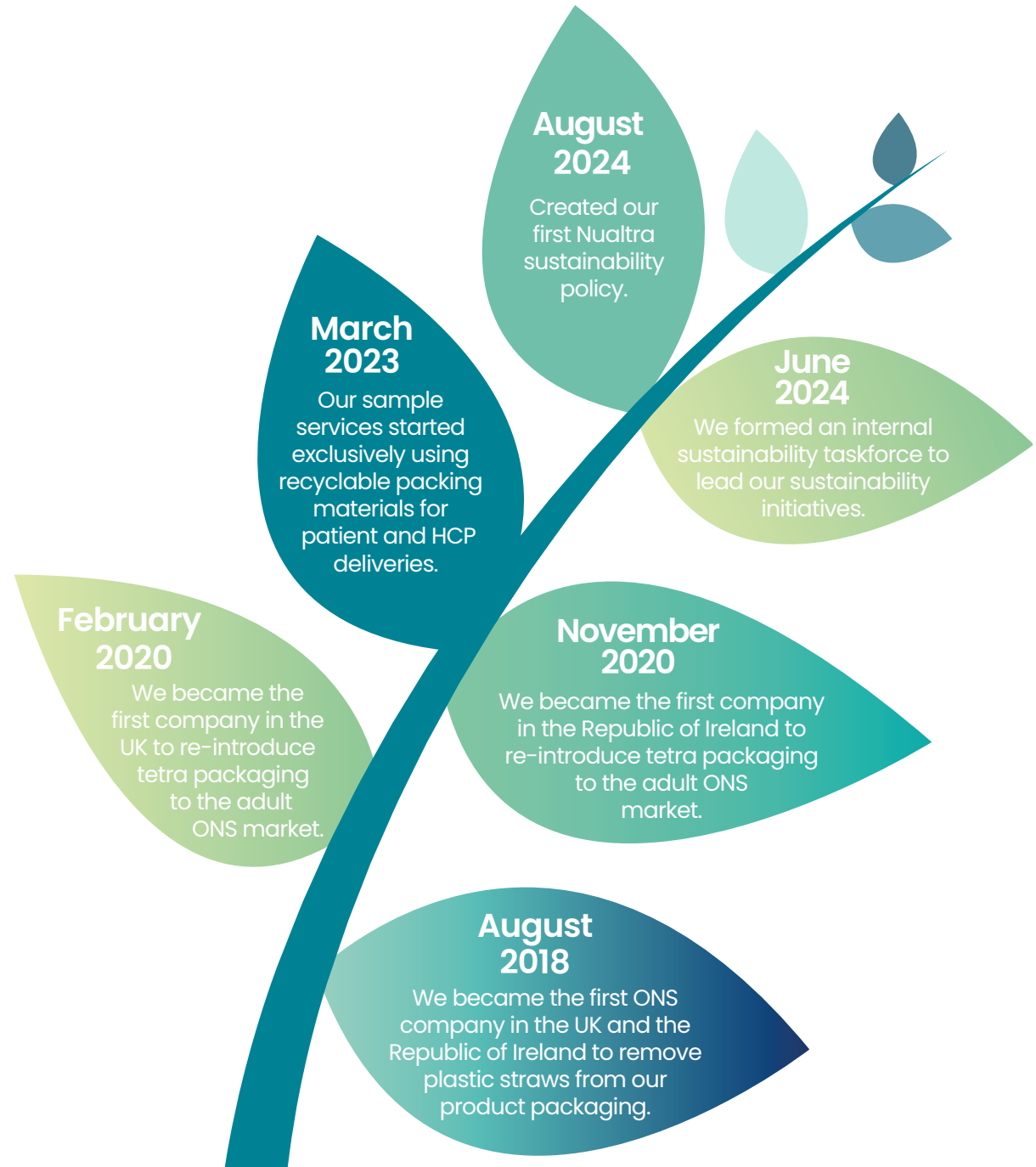
<sup>1</sup> PET - polyethylene terephthalate. Currently, PET sleeves need to be removed from our bottles to enable recycling. <sup>2</sup> PO - polyolefin.

## Our Timeline Past Achievements

To date, the use of Nualtra products has saved **£30+ million** for healthcare economies, supporting ONS usage in becoming more financially sustainable.

**Over 79 million servings** of oral nutritional supplements have been provided by Nualtra.

Here's how we got to this point...





# Our Timeline

## Future Plans

## Measuring our Progress

- ➔ We will review and revise this policy to make any necessary changes every 6 months.
- ➔ These revisions will include measuring, reporting on, and adding to our goals & focus areas.
- ➔ Our sustainability taskforce will meet every 4 weeks to review progress against our objectives.

**April 2025**

Based on carbon footprint measurements, carbon reduction plan will have been created which will outline how GHG emissions can be reduced within 1-3 years.

Launched an electric vehicle incentive scheme for UK employees.



**August 2025**

A longer-term net-zero Policy will have been created which will detail science-based targets and provide a realistic net-zero target date.



**Jan 2025**

Completed carbon footprint measurement.

Collected sustainability strategies from all partner organisations.

Created improved recyclability resources.



**June 2025**

Improved the recyclability of our Foodlink range by adopting recyclable product sachets.

Replaced PET (polyethylene terephthalate) sleeve labels from our plastic bottles with PO (polyolefin).



**February 2026**

Over 50% of Nualtra employees will have completed carbon literacy training and gained carbon literacy certification. Nualtra will become a 'Bronze Carbon Literate Organisation', accredited by The Carbon Literacy Project.

# Contact Us

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## Sample Service

Nualtra offer a free-of-charge sample service for clinicians to order products delivered either direct to patients or to dietetic departments.

Visit our website:  
[www.nualtra.com](http://www.nualtra.com)