

## Altrajuce

## DATASHEET February 2021

Altrajuce is a nutritionally balanced Food for Special Medical Purposes for use under medical supervision.

- A ready to drink juice style oral nutritional supplement containing 300kcal and 7.8g protein in 200ml.
- May be used to supplement a patient's dietary intake. Not suitable as a sole source of nutrition.
- Available in 200ml tetra. Starter pack also available including 4 x 200ml tetra.

**Flavours:** Available in Apple, Blackcurrant, Orange and Strawberry flavours.

**Allergen information:** Contains milk protein. Gluten free.

**Indications:** For enteral use only. Must be used under medical supervision. May be used for the dietary management of patients with or at risk of developing disease related malnutrition as determined by appropriate nutritional screening.

**Contraindications:** Not suitable for children under 3 years. Not suitable for patients with Galactosaemia or in patients with cow's milk protein allergy.

**Precautions:** Not suitable for use in children under 3 years and use of this product in children under 6 years should be closely monitored by a dietitian or physician.

**Directions for use:** Ready to drink. Altrajuce can be consumed frozen, chilled, at room temperature or gently heated.

• Shake well before use.

**Storage:** Altrajuce should be stored in a cool, dry place (below 25°C). Once opened consume within 4 hours or store in a refrigerator and consume within 24 hours. Discard unused contents thereafter.

**Shelf life:** 12 months from manufacture. See side of tetra and outer packaging for best before date.

Country of origin: Germany.

This product is packaged in a protective atmosphere.

## **INGREDIENTS:**

ORANGE: Water, Glucose syrup, Sugar, Maltodextrin, Cow's milk proteins, Acidity regulator: Citric acid, Phosphoric acid, Hydrochloric acid, Potassium chloride, Magnesium chloride, Sodium chloride, Calcium chloride, Choline bitartrate, Sodium L-ascorbate, Flavouring, Colour: Beta-carotene, Minerals (Iron lactate, Zinc sulphate, Manganese sulphate, Copper sulphate, Sodium fluoride, Chromium chloride, Sodium molybdate, Sodium selenite, Potassium iodide) Vitamins (ascorbic acid, DL-a-tocopherol acetate, Nicotinamide, Retinol acetate, Calcium-D-pantothenate, Cholecalciferol, Thiamine mononitrate, Pyridoxine hydrochloride, Riboflavin, Vitamin K, Folic acid, Biotin, Cyanocobalamin).

APPLE: Water, Glucose syrup, Sugar, Maltodextrin, Cow's **milk** proteins, Acidity regulator: Citric acid, Phosphoric acid, Hydrochloric acid, Potassium chloride, Magnesium chloride, Sodium chloride, Calcium chloride, Choline bitartrate, Sodium I-ascorbate, Flavouring, Minerals (Iron lactate, Zinc sulphate, manganese sulphate, copper sulphate, sodium fluoride, chromium chloride, sodium molybdate, Sodium selenite, Potassium iodide) Vitamins (Ascorbic acid, DL-o-tocopherol acetate, Nicotinamide, Retinol acetate, Calcium-D-pantothenate, Cholecalciferol, Thiamine mononitrate, Pyridoxine hydrochloride, Riboflavin, Vitamin K, Folic acid, Biotin, Cyanocobalamin). STRAWBERRY: Water, Glucose syrup, Sugar, Maltodextrin, Cow's milk proteins, Acidity regulator: Citric acid, Phosphoric acid, Hydrochloric acid, Potassium chloride, Magnesium chloride, Sodium chloride, Calcium chloride, Coline bitartrate, Sodium L-ascorbate, Flavouring, Colour: Carminic acid, Minerals (Iron lactate, Zinc sulphate, Manganese sulphate, Copper sulphate, Sodium fluoride, Chromium chloride, Sodium molybdate, Sodium selenite, Potassium iodide) Vitamins (Ascorbic acid, DL-otcorpherol acetate, Nicotinamide, Retinol acetate, Calcium-D-pantothenate, Cholecalciferol, Thiamine mononitrate, Pyridoxine hydrochloride, Riboflavin, Vitamin K, Folic acid, Biotin, Cyanocobalamin).

BLACKCURRANT: Water, Glucose syrup, Sugar, Maltodextrin, Cow's milk proteins, Acidity regulator: Citric acid, Phosphoric acid, Hydrochloric acid, Potassium chloride, Magnesium chloride, Sodium chloride, Calcium chloride, Choline bitartrate, Sodium L-ascorbate, Flavouring, Colour: Carminic acid, Minerals (Iron lactate, Zinc sulphate, Manganese sulphate, Copper sulphate, Sodium fluoride, Chromium chloride, Sodium molybdate, Sodium selenite, Potassium iodide) Vitamins (Ascorbic acid, DL-a-tocopherol acetate, Nicotinamide, Retinol acetate, Calcium-D-pantothenate, Cholecalciferol, Thiamine mononitrate, Pyridoxine hydrochloride, Riboflavin, Vitamin K, Folic acid, Biotin, Cyanocobalamin).



| Average<br>content                             | Units                      | 100ml       | 200ml<br>tetra |
|--|----------------------------|-------------|----------------|
| Energy   | KJ<br>Kcal                 | 636<br>150  | 1272<br>300    |
| Fat (0 en%)                                    | g                          | 0           | 0              |
| of which saturates<br>of which monounsaturates | g                          | 0           | 0              |
| of which polyunsaturates                       | g                          | 0           | 0              |
| Carbohydrate (89.6 en%)                        | g                          | 33.5        | 67             |
| of which sugars                                | g                          | 13.5        | 27             |
| Fibre (0 en%)                                  | g                          | 0           | 0              |
| Protein (10.4 en%)                             | g                          | 3.9         | 7.8            |
| Salt   | g                          | 0.03        | 0.06           |
| VITAMINS                                       |                            |             |                |
| Vitamin A                                      | µg-RE                      | 160         | 320            |
| Vitamin D                                      | μg                         | 1.3         | 2.6            |
| Vitamin E                                      | mg α-TE                    | 3.2         | 6.4            |
| Vitamin K                                      | μg                         | 9.6         | 19.2           |
| Vitamin C                                      | mg                         | 29          | 58             |
| Thiamin (B1)                                   | mg                         | 0.24        | 0.48           |
| Riboflavin (B2)                                | mg                         | 0.24        | 0.48           |
| Niacin   | mg NE                      | 2.4         | 4.8            |
| Vitamin B6                                     | mg                         | 0.24        | 0.48           |
| Folic Acid                                     | μg                         | 51          | 102            |
| Vitamin B12                                    | μg                         | 0.48        | 0.96           |
| Biotin   | μg                         | 6.4         | 12.8           |
| Pantothenic Acid                               | mg                         | 0.8         | 1.6            |
| Choline  | mg                         | 63          | 126            |
| MINERALS                                       |                            |             |                |
| Sodium   | mmol<br>mg                 | 0.41<br>10  | 0.82<br>20     |
| Potassium                                      | mmol<br>mg                 | 0.19<br>9   | 0.38<br>18     |
| Chloride                                       | mmol<br>mg                 | 2.81<br>100 | 5.62<br>200    |
| Calcium  | mmol<br>mg                 | 0.8<br>30   | 1.6<br>60      |
| Phosphorus                                     | mmol<br>mg                 | 0.4<br>12   | 0.8<br>24      |
| Magnesium                                      | mmol<br>mg                 | 0.1<br>2    | 0.2<br>4       |
| Iron   | mg                         | 2.3         | 4.6            |
| Zinc   | mg                         | 2.7         | 5.4            |
| Copper   | mg                         | 0.25        | 0.50           |
| Manganese                                      | mg                         | 0.59        | 1.18           |
| Selenium                                       | μg                         | 13          | 26             |
| Chromium                                       | μg                         | 13          | 26             |
| Molybdenum                                     | μg                         | 14          | 28             |
| lodine   | μg                         | 25          | 50             |
| Fluoride                                       | mg                         | 0.18        | 0.36           |
| Osmolarity                                     | mOsmol/L                   | 428         |                |
| Osmolality                                     | mOsmol/kg/H <sub>2</sub> O | 655         |                |
| Lactose content                                | g                          | 0.02        | 0.04           |