

Malnutrition Universal Screening Tool

- ✓ Assess any resident with a minimum MUST of 2 or above.
- ✓ Continue to review residents at risk of malnutrition until their nutritional aims are met or it is no longer appropriate to continue with input as advised by Nursing Staff.
- ✓ Advise any resident requiring non-complex individual dietary education on:
 - Chronic Constipation,
 - Fortified Diets, Dementia,
 - Wound Care,
 - Coeliac Disease,
 - Diabetes,
 - Texture modified diets

We will do our best to support you with

Newly Admitted Residents:



New residents will only be assessed by a dietitian if they are scoring a **MUST of 2+** or already taking oral nutritional supplements to ensure their nutritional adequacy. Please follow **Nualtra's Malnutrition Care Plan** as guidance for all new residents.

Weight Reducing Diets:



Weight Reducing Diets: For all guidance on advice for those considered overweight or obese please see '**Nualtra's Healthy Eating Care Plan**' for general tips and advice for these residents.

Enteral Feeding



Enteral Feeding: we will assist you in monitoring any stable long-term residents with artificial feeding plan within your care home. **If you have any urgent concerns regarding a resident with an artificial feeding plan it is imperative, you discuss it with their GP or admit to the hospital via A&E.**

Specialist Dietetic Advice:



Specialist Dietetic Advice: We are obligated by law to practice within the limits of our ability and are not considered specialist dietitians.