

# Altraplen COMPACT

**DATASHEET** July 2020

Altraplen Compact is a nutritionally complete Food for Special Medical Purposes for use under medical supervision.

- ◆ A ready to drink, milkshake style oral nutritional supplement containing 300kcal and 12g protein in 125ml.
- ◆ May be used as a sole source of nutrition or used to supplement a patient's dietary intake.
- ◆ Available in 4 x 125ml cluster packs. Starter pack also available including 4 x 125ml bottles.



**Flavours:** Available in Vanilla, Strawberry, Hazel Chocolate and Banana flavours.

**Allergen information:** Contains milk protein and soya. Gluten free.

**Indications:** For enteral use only. Must be used under medical supervision. May be used for the dietary management of patients with or at risk of developing disease related malnutrition as determined by appropriate nutritional screening.

**Contraindications:** Not suitable for children under 3 years. Not suitable for patients with Galactosaemia or in patients with cow's milk protein allergy.

**Precautions:** Not suitable for use in children under 3 years and use of this product in children under 6 years should be closely monitored by a dietitian or physician.

**Directions for use:** Ready to drink. Altraplen Compact can be consumed frozen, chilled, at room temperature or gently heated.

- ◆ Shake well before use.

**Storage:** Altraplen Compact should be stored in a cool, dry place (below 25°C). Once opened consume within 4 hours or store in a refrigerator and consume within 24 hours. Discard unused contents thereafter.

**Shelf life:** 12 months. See side of bottle and outer packaging for best before date.

**Country of origin:** France.

This product is packaged in a protective atmosphere.

## INGREDIENTS:

**VANILLA:** Milk protein concentrate, Water, Glucose syrup, Rapeseed oil, Sucrose, Milk protein, Soya protein, Magnesium citrate, Sodium hydrogen phosphate, Tripotassium citrate, Emulsifier: Mono and diglycerides of fatty acids (E471), Potassium Chloride, Potassium phosphate, Choline chloride. Vitamins: (Ascorbic acid, Vit A acetate, Nicotinamide, D-biotin, Vit D3, Vit B12, Pyridoxine HCl, Vit K, Thiamine mononitrate, Riboflavin, Vit E acetate, Calcium D pantothenate, Folic acid), Flavouring, Potassium hydroxide, Trisodium citrate, Colour: Natural carotene, Ferric pyrophosphate, Zinc sulphate, Sodium selenite, Manganese sulphate monohydrate, Copper sulphate, Sodium fluoride, Chromium chloride, Sodium molybdate, Potassium iodide.

**BANANA:** Skimmed milk protein concentrate, Glucose syrup, Water, Rapeseed oil, Milk protein, Sugar, Soya protein, Magnesium citrate, Sodium phosphate, Tripotassium citrate, Emulsifier: Mono and diglycerides of fatty acids (E471), Flavours, Potassium Chloride, Potassium phosphate, Choline chloride, Trisodium citrate, Acidity regulator: Potassium hydroxide (E525), Vitamins: (Ascorbic acid, Vit A acetate, Nicotinamide, D-biotin, Vit D3, Vit B12, Pyridoxine HCl, Vit K, Thiamine mononitrate, Riboflavin, Vit E acetate, Calcium D pantothenate, Folic acid), Ferric pyrophosphate, E100: Natural colour: curcumin, Zinc sulphate, Sodium selenite, Manganese sulphate, Copper sulphate, Sodium fluoride, Chromium chloride, Sodium molybdate, Potassium iodide.

**STRAWBERRY:** Milk protein concentrate, Water, Glucose syrup, Rapeseed oil, Sucrose, Milk protein, Soya protein, Tripotassium citrate, Magnesium citrate, Flavouring, Colour: E120, Sodium hydrogen phosphate, Emulsifier: Mono and diglycerides of fatty acids (E471), Potassium Chloride, Potassium phosphate, Choline chloride. Vitamins: (Ascorbic acid, Vit A acetate, Nicotinamide, D-biotin, Vit D3, Vit B12, Pyridoxine HCl, Vit K, Thiamine mononitrate, Riboflavin, Vit E acetate, Calcium D pantothenate, Folic acid), Trisodium citrate, Potassium hydroxide, Ferric pyrophosphate, Zinc sulphate, Sodium selenite, Manganese sulphate monohydrate, Copper sulphate, Sodium fluoride, Chromium chloride, Sodium molybdate, Potassium iodide.

**HAZEL CHOCOLATE:** Skimmed milk protein concentrate, Glucose syrup, Water, Rapeseed oil, Milk protein, Sugar, Soya protein, Magnesium citrate, Caramel colour: E150b, Sodium phosphate, Tripotassium citrate, Emulsifier: Mono and diglycerides of fatty acids (E471) Potassium chloride, Flavours, Potassium phosphate, Choline chloride, Trisodium citrate, Acidity regulator: Potassium hydroxide (E525), Vitamins: (Ascorbic acid, Vit A acetate, Nicotinamide, D-biotin, Vit D3, Vit B12, Pyridoxine HCl, Vit K, Thiamine mononitrate, Riboflavin, Vit E acetate, Calcium D pantothenate, Folic acid), Ferric pyrophosphate, Zinc sulphate, Sodium selenite, Manganese sulphate, Copper sulphate, Sodium fluoride, Chromium chloride, Sodium molybdate, Potassium iodide.

Average content	Units	100ml	125ml bottle
Energy	KJ Kcal	1008 240	1260 300
Fat (36 en%)	g	9.6	12.0
of which saturates	g	0.92	1.15
of which monounsaturates	g	5.96	7.45
of which polyunsaturates	g	2.73	3.41
Carbohydrate (48 en%)	g	28.8	36.0
of which sugars	g	11.6	14.5
Fibre (0 en%)	g	0	0
Protein (16 en%)	g	9.6	12.0
Salt	g	0.25	0.31
<b>VITAMINS</b>			
Vitamin A	µg-RE	200	250
Vitamin D	µg	2.0	2.5
Vitamin E	mg α-TE	2.8	3.5
Vitamin K	µg	12	15
Vitamin C	mg	24	30
Thiamin (B1)	mg	0.5	0.6
Riboflavin (B2)	mg	0.5	0.6
Niacin	mg NE	4.8	6.0
Vitamin B6	mg	0.6	0.8
Folic Acid	µg	68	85
Vitamin B12	µg	0.8	1.0
Biotin	µg	9.6	12.0
Pantothenic Acid	mg	1.6	2.0
<b>MINERALS</b>			
Sodium	mmol mg	4.4 101	5.5 126
Potassium	mmol mg	6.2 240	7.7 300
Chloride	mmol mg	2.5 89	3.1 111
Calcium	mmol mg	4.2 168	5.2 210
Phosphorus	mmol mg	5.2 160	6.5 200
Magnesium	mmol mg	1.3 32	1.6 40
Iron	mg	3.2	4.0
Zinc	mg	2.5	3.1
Copper	mg	0.41	0.50
Manganese	mg	0.8	1.0
Selenium	µg	14	17.5
Chromium	µg	16	20
Molybdenum	µg	20	25
Iodine	µg	30	37.5
Fluoride	mg	0.2	0.25
Osmolarity	mOsmol/L	901-966	
Osmolality	mOsmol/kg/H <sub>2</sub> O	1270-1360	
Lactose content	g	<0.5	<0.5