

Nualtra Product Allergen and Religious Information



Product	Egg free	Free from fish products	Gluten free	Lactose free*	Milk free	Nut free	Soya free	Wheat free	Suitable for Vegetarians	Suitable for Vegan	Suitable for Halal	Suitable for Kosher
Altrajuce	✓	✓	✓	✓	✗	✓	✓	✓	✓ ¹	✗	✓ ²	✓ ²
Altraplen Compact /Altraplen Compact Daily	✓	✓	✓	✓	✗	✓	✗	✓	✓ ¹	✗	✓ ²	✓ ²
Altraplen Protein	✓	✓	✓	✓	✗	✓	✗	✓	✓ ¹	✗	✓ ²	✓ ²
Altrashot	✓	✓	✓	✓	✗	✓	✓	✓	✓ ¹	✗	✓ ²	✓ ²
Foodlink Complete Range**	✓	✓	✓	✗	✗	✓	✗	✓	✓	✗	✓ ³	✓ ³
Nutricrem	✓	✓	✓	✓	✗	✓	✗	✓	✓ ¹	✗	✓ ²	✓ ²
Swalloweze	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓ ³	✓ ³

* Lactose free is defined in our products as containing <0.5g/100ml or 100g

** Foodlink Complete, Foodlink Complete With Fibre, Foodlink Complete Compact

1. Strawberry and Blackcurrant flavours contain colouring E120, which is also known as cochineal or carmine, and is not suitable for many vegetarians
2. Strawberry and Blackcurrant flavours are not suitable. All other flavours do not contain any ingredients that are forbidden in the Halal or Kosher diets; however, the manufacturing process is not observed by the relevant religious body
3. Does not contain any ingredients that are forbidden in the Halal or Kosher diets; however, the manufacturing process is not observed by the relevant religious body