

nualtra **Altraplen** COMPACT PROTEIN

DATASHEET February 2026

Food for Special Medical Purposes.
Product ready to drink.

- ◆ A ready to drink milkshake style oral nutritional supplement containing 300kcal and 18g protein in 125ml.
- ◆ For the dietary management of disease related malnutrition. Not suitable as a sole source of nutrition.
- ◆ Available in 125ml bottle. Starter Pack also available including 2 x 125ml bottles.



Flavours: Available in Strawberry and Vanilla flavours.

Allergen information: Contains milk. Gluten and lactose free. Processed on equipment that handles soyabean.

Religious/Dietary Information: Not suitable for vegetarians or vegans.

Indications: For enteral use only. Not for parenteral use. Must be used under medical supervision. For the dietary management of disease related malnutrition.

Contraindications: Not suitable for children under 6 years. Not suitable for patients with Galactosaemia or in patients with cow's milk protein allergy.

Precautions: Use of this product in children aged 6 - 10yrs should be closely monitored by a dietitian or clinician.

Directions for use: Ready to drink. Use as directed by a clinician. Altraplen Compact Protein can be consumed chilled, at room temperature or gently heated.

- ◆ Shake well before use.

Storage: Altraplen Compact Protein should be stored in a cool, dry place (below 25°C). Once opened product should be consumed within 4hrs or stored in a refrigerator for up to 24hrs. Discard contents after 24hrs.

Shelf life: 12 months from manufacture. See bottom of bottle and outer packaging for best before date.

Made in EU

This product is packaged in a protective atmosphere.

INGREDIENTS:

VANILLA: Water, Glucose syrup, Hydrolysed **milk** protein, Rapeseed oil, Hydrolysed gelatine, Sugar, Flavourings, Emulsifiers: Mono-and diglycerides of fatty acids, Stabilisers: Guar gum, Carrageenan, Colour: Curcumin, Vitamins [Ascorbic Acid (Vitamin C), DL- α -Tocopheryl Acetate (Vitamin E), Niacinamide (Vitamin B3), Retinyl Acetate (Vitamin A), Calcium-D-Pantothenate (Vitamin B5), Cholecalciferol (Vitamin D3), Thiamine Mononitrate (Vitamin B1), Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Phytonadione (Vitamin K1), Folic Acid, Biotin, Cyanocobalamin (Vitamin B12)], Minerals [Calcium Chloride, Calcium Hydroxide, Ferrous Sulphate, Magnesium Chloride, Magnesium Citrate, Tricalcium Phosphate, Zinc Sulphate, Copper Gluconate, Sodium Selenite, Manganese Sulphate Monohydrate, Potassium Dihydrogen Phosphate, Chromium Chloride, Sodium Molybdate, Potassium Iodide].

STRAWBERRY: Water, Glucose syrup, Hydrolysed **milk** protein, Rapeseed oil, Hydrolysed gelatine, Sugar, Flavourings, Emulsifiers: Mono-and diglycerides of fatty acids, Stabilisers: Guar gum, Carrageenan, Colour: Carmine, Vitamins [Ascorbic Acid (Vitamin C), DL- α -Tocopheryl Acetate (Vitamin E), Niacinamide (Vitamin B3), Retinyl Acetate (Vitamin A), Calcium-D-Pantothenate (Vitamin B5), Cholecalciferol (Vitamin D3), Thiamine Mononitrate (Vitamin B1), Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Phytonadione (Vitamin K1), Folic Acid, Biotin, Cyanocobalamin (Vitamin B12)], Minerals [Calcium Chloride, Calcium Hydroxide, Ferrous Sulphate, Magnesium Chloride, Magnesium Citrate, Tricalcium Phosphate, Zinc Sulphate, Copper Gluconate, Sodium Selenite, Manganese Sulphate Monohydrate, Potassium Dihydrogen Phosphate, Chromium Chloride, Sodium Molybdate, Potassium Iodide].

Average content	Units	100ml	Per 125ml Bottle
Energy	KJ kcal	1004 240	1255 300
Fat	g	9.3	12
of which saturates	g	0.8	1.0
of which monounsaturates	g	5.0	6.3
of which polyunsaturates	g	2.7	3.4
Carbohydrate	g	25	31
of which sugars	g	8.0	10
Fibre	g	0	0
Protein	g	14	18
Salt	g	0.28	0.35
VITAMINS			
Vitamin A	μ g-RAE	240	300
Vitamin D	μ g	2.5	3.1
Vitamin E	mg α -TE	4.0	5.0
Vitamin K	μ g	17	21
Vitamin C	mg	20	25
Thiamin (B1)	mg	0.34	0.43
Riboflavin (B2)	mg	0.40	0.50
Niacin	mg NE	4.0	5.0
Vitamin B6	mg	0.56	0.70
Folic Acid	μ g	68.0	85.0
Vitamin B12	μ g	0.76	0.95
Biotin	μ g	10	13
Pantothenic Acid	mg	1.3	1.6
MINERALS			
Sodium	mmol mg	4.8 110	6.0 138
Potassium	mmol mg	6.2 240	7.8 300
Chloride	mmol mg	2.6 91	3.3 114
Calcium	mmol mg	4.8 190	6.0 238
Phosphorus	mmol mg	3.5 110	4.4 138
Magnesium	mmol mg	0.96 23.0	1.2 28.8
Iron	mg	3.1	3.9
Zinc	mg	2.6	3.3
Copper	μ g	500	625
Manganese	mg	0.40	0.50
Selenium	μ g	16	20
Chromium	μ g	16	20
Molybdenum	μ g	19	24
Iodine	μ g	40.0	50.0
Fluoride	mg	0.04	0.05
Osmolarity	mOsmol/L	889	889
Osmolality	mOsmol/kg H ₂ O	1376	1376
Potential renal solute load	mOsmol/L	968	968
Lactose	g	0.34	0.43